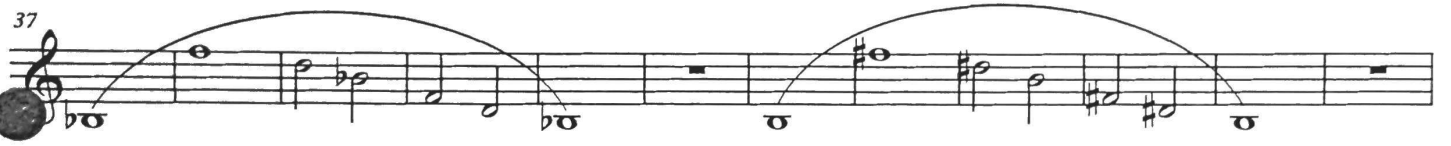
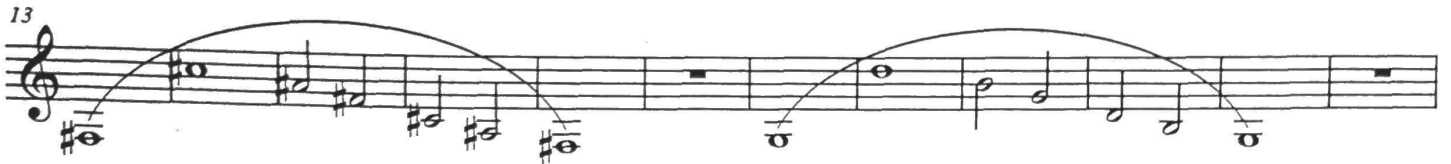


# Long Tone Exercise

Have metronome clicking triplets to help keep air spinning.  
 Tongue (kept high), embouchure and air are unchanged.  
 Voice the first note as if playing the second note.  
 Play with drone if possible

Dr. Costa  
 2008

Adagio ♩ = 50-72



G<sup>#</sup>/A<sup>b</sup>  
 00  
 00  
 X | X00  
 00X

A  
 00  
 00  
 X | X  
 00  
 X  
 F/c

A<sup>#</sup>/B<sup>b</sup>  
 00  
 00  
 X | X  
 00  
 X

# Chromatic Noodles

Costa

Play each measure 3 X's and end on first note

Stur all

L R L

Fork Fork Fork Fork

Fork Fork Fork L L L L L

L S L L S S S S S

Right Hand Down

S L

Right Hand Down

S

S