



# DENISON HIGH SCHOOL BAND

est. 1926

## Concert Band

Instructions: This is a suggested practice guide for the week. **You will still be responsible for your weekly objectives. These will be due on Sunday, March 29th at 11:59 PM to Schoology.** You will fill out a short survey at the end of the week chronicling your practice and what you improved upon.

Monday, March 23

	<b>Warm Up</b> (5 min)	<b>Fundamentals</b> (5 min)	<b>Music</b> (10 min)	<b>Other</b> (10 min)
<b>Suggested Activity</b>	Long tones - F & Bb Remington Descending	Marching Music Fundamentals Packet <i>Long tones 3 Descending</i> Packet available on Schoology	Avenger <i>Focus on m. 44 - end</i>	Watch Dr. Tim video: <a href="https://youtu.be/4MwWYkBBREw">https://youtu.be/4MwWYkBBREw</a>

Tuesday, March 24

	<b>Warm Up</b> (5 min)	<b>Fundamentals</b> (5 min)	<b>Music</b> (10 min)	<b>Other</b> (10 min)
<b>Suggested Activity</b>	Marching Music Fundamentals Packet <i>Long tones 1</i> <i>Descend/Ascend</i> Packet available on Schoology	Chromatic scale <i>One octave in quarter notes</i>	Work on your objective pass off for this week <i>Submit recording</i> <i>via Schoology if</i> <i>you are ready</i>	Watch the US Army Field Band concert at 1 PM Eastern (Video Game Music) <a href="https://www.armyfieldband.com/livestream/story/">https://www.armyfieldband.com/livestream/story/</a>

Wednesday, March 25

	<b>Warm Up</b> (5 min)	<b>Fundamentals</b> (5 min)	<b>Music</b> (10 min)	<b>Other</b> (10 min)
<b>Suggested Activity</b>	Marching Music Fundamentals Packet <i>Long tones 2</i> <i>Descend/Ascend</i>	Scales: Bb and Eb <i>One octave in half/quarter notes</i>	Review one of the Festival solos you already know <i>Play it for your</i> <i>family!</i>	Play the Monster Musician Reader Sight Reading game (or watch on Youtube) <i>Book 3, Slow speed</i>

Thursday, March 26

	Warm Up (5 min)	Fundamentals (5 min)	Music (10 min)	Other (10 min)
<b>Suggested Activity</b>	Marching Music Fundamentals Packet <i>Long tones 3 Descend/Ascend</i>	Scales: F and C <i>One octave in half/quarter notes</i>	Work on your objective pass off for this week <i>Submit recording via Schoology</i>	Play the Monster Musician Reader Sight Reading game (or watch on Youtube) <i>Book 4, Slow speed</i>

Friday, March 27

	Warm Up (5 min)	Fundamentals (5 min)	Music (10 min)	Other (10 min)
<b>Suggested Activity</b>	Marching Music Fundamentals Packet <i>Flexibility 1 and 2</i>	Scales: G <i>One octave in half/quarter notes</i>	Review one of the Festival ensembles you already know <i>Play it with a friend using technology!</i>	Listen to music: <a href="https://www.youtube.com/watch?v=NEs8yqhavtI">https://www.youtube.com/watch?v=NEs8yqhavtI</a>

### **Required Practice Journal**

This will be due on Sunday, March 29th at 11:59 PM

<https://forms.gle/6Z2bMAYg2uVuDNVf9>

### **Supplemental Materials for When You Get Bored:**

1. **Each private lesson teacher has created a FREE lesson available on our YouTube channel!** I will share the links on Schoology to our YouTube channel!
2. Summit Speaker Series with composer Randall Standridge (who is coming to Denison next year!)  
**- Tuesday, March 24th at 12 PM:** <https://event.webinarjam.com/register/29/ovn1qf8y>
3. **Band Bingo** - see Schoology for the board
4. Watch a TED Talk:  
[https://www.ted.com/talks/eric\\_whitacre\\_a\\_virtual\\_choir\\_2\\_000\\_voices\\_strong?utm\\_campaign=tedsread&utm\\_medium=referral&utm\\_source=tedcomshare](https://www.ted.com/talks/eric_whitacre_a_virtual_choir_2_000_voices_strong?utm_campaign=tedsread&utm_medium=referral&utm_source=tedcomshare)
5. Practice Sight Reading: <https://www.sightreadingfactory.com/>
6. Virtual Tour of an Instrument Museum:  
<https://www.mim.org/plan-your-visit/screen-shot-2017-02-08-at-8-54-04-pm/>
7. Music theory lessons, exercises and games: <https://www.musictheory.net/>
8. Learn about Gustav Holst and his famous piece from the Planets suite, "Mars". The embedded videos don't work, but the mp3 does! You can learn about the composer and even play along with the piece as you listen:  
<https://www.bbc.co.uk/programmes/articles/14ZjT5yjnKQRdKVsqRLzk1x/mars-from-the-planet-s-by-gustav-holst>
9. Watch living American composer, Brian Balmages, discuss composition amid the coronavirus outbreak: <https://m.youtube.com/watch?v=IyIWrrqHCaZM>
10. Find your favorite pop song on YouTube, and transcribe it by ear! Learn it first on your instrument and then write it down on sheet music.
11. Use the Flat.io app to write your own music!